



WHO WE ARE

Blue Bay specialises in the delivery of NDIS Support Coordination services because we believe focusing on doing one thing well, leads to the best outcomes for you.

We have a dedicated team of specialists, who are compassionate, caring, and experienced.

We want you to thrive and succeed and are committed to walking alongside you to achieve your goals.

WHAT WE PROVIDE

Blue Bay are Support Coordination experts who make navigating the NDIS look easy. Everyone in our team has extensive local knowledge and the experience to help you to navigate changes of circumstances, implement services, and find innovative solutions to achieving your goals.

We like to think outside the box to achieve better outcomes for you and your family, and we will happily provide assistance to support innovative, person-centred outcomes. We don't give up!

We offer both level 2 and level 3 Support Coordination services.

Raha Arman

**SUPPORT COORDINATOR
SPECIALIST SUPPORT COORDINATOR
PSYCHOSOCIAL COACHING
Melbourne VIC**



EDUCATION

Bachelor of Psychology (Monash University / Deakin University)
Graduate Diploma of Advanced Psychology. University of Adelaide (in progress)

ABOUT RAHA

Raha is a highly experienced Support Coordinator (Level 2) and Specialist Support Coordinator (Level 3), dedicated to helping NDIS participants navigate complex systems and achieve their goals. With a strong foundation in psychology and over five years of experience in the sector, she expertly coordinates multidisciplinary care for individuals with complex needs, dual diagnosis, and psychosocial disabilities.

As a Psychosocial Coach, Raha draws on her deep expertise in trauma-informed practice, Applied Behaviour Analysis (ABA), and emotional regulation strategies. She works closely with participants to build capacity, develop resilience, and foster independence. Her calm, composed, and empathetic approach allows her to build strong therapeutic relationships and effectively support clients through life transitions and crisis situations.

Raha is a fierce advocate for her clients, committed to ensuring they receive the tailored, person-centred support necessary to overcome barriers, maximize their NDIS funding and lead fulfilling lives.

OTHER INTEREST AREAS

- **Level 2 & Level 3 Support Coordination**
- **Psychosocial Coaching and capacity building**
- **Complex mental health and dual diagnosis support**
- **Trauma-informed practice**
- **Multidisciplinary care coordination**

CONTACT

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